



## Susan Barrett

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Zip Code: 83318

Zip Postal: 83318-1933

Language: English

Populations Treated: Adults

Organization: Ready for Change, Inc.

Treatment Options: Group Therapy, Telehealth, Phone Consultations

Disorders Treated & Specialty: Trauma, Trichotillomania, Specific Phobias, Anxiety, Agoraphobia, Attention-Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Body Dysmorphic Disorder, Body Focused Repetitive Behaviors, Generalized Anxiety Disorder (GAD), Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD), Social Anxiety Disorder

Treatment Methods: Cognitive Behavioral Therapy (CBT), EMDR, Exposure Therapy, Mindfulness

Payment Options: Accepts Some Insurance, Accepts Credit Cards

Address1: 322 E Main St

Address2: PMB 218

Website: <http://www.drscbarrett.com>

City: Burley

State/Providence: Idaho

Country: United States

Degree: PSYD

Email: [susan@drscbarrett.com](mailto:susan@drscbarrett.com)

Office Phone: ?(208) 329-6647?

Telehealth: California, Idaho

Cell Phone: 805.637.9997

Professional focus: Psychologist

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### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

EMDR

Exposure Therapy

Mindfulness

### POPULATIONS TREATED

Adults

### DISORDERS AND SPECIALITIES

Agoraphobia

Anxiety

Attention-Deficit/Hyperactivity Disorder

Autism Spectrum Disorder

Body Dysmorphic Disorder

Body Focused Repetitive Behaviors

Generalized Anxiety Disorder (GAD)  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Posttraumatic Stress Disorder (PTSD)  
Social Anxiety Disorder  
Specific Phobias  
Trauma  
Trichotillomania

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#### PAYMENT OPTIONS

Accepts Credit Cards  
Accepts Some Insurance



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

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*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

