



Susan Barrett

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Zip Code: 83318

Zip Postal: 83318-1933

Language: English

Populations Treated: Adults

Organization: Ready for Change, Inc.

Treatment Options: Group Therapy, Telehealth, Phone Consultations

Disorders Treated & Specialty: Trauma, Trichotillomania, Specific Phobias, Anxiety, Agoraphobia, Attention-Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Body Dysmorphic Disorder, Body Focused Repetitive Behaviors, Generalized Anxiety Disorder (GAD), Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD), Social Anxiety Disorder

Treatment Methods: Cognitive Behavioral Therapy (CBT), EMDR, Exposure Therapy, Mindfulness

Payment Options: Accepts Some Insurance, Accepts Credit Cards

Address1: 322 E Main St

Address2: PMB 218

Website: <http://www.drscbarrett.com>

City: Burley

State/Providence: Idaho

Country: United States

Degree: PSYD

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Telehealth: California, Idaho

Cell Phone: 805.637.9997

Professional focus: Psychologist

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TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

EMDR

Exposure Therapy

Mindfulness

POPULATIONS TREATED

Adults

DISORDERS AND SPECIALITIES

Agoraphobia

Anxiety

Attention-Deficit/Hyperactivity Disorder

Autism Spectrum Disorder

Body Dysmorphic Disorder

Body Focused Repetitive Behaviors

Generalized Anxiety Disorder (GAD)
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
Social Anxiety Disorder
Specific Phobias
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Credit Cards
Accepts Some Insurance



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

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