



Sabine Wilhelm

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Zip Code: 02114

Zip Postal: 02114-2790

Language: German, English

Populations Treated: Adults

Organization: Massachusetts General Hospital (MGH) / Harvard Medical School (HMS)

Disorders Treated & Specialty: Tourette's Syndrome, Obsessive Compulsive Disorder (OCD), Body Dysmorphic Disorder

Treatment Methods: Cognitive Behavioral Therapy (CBT)

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Notice (8): Undefined index: tags [APP/View/Elements/custom_fields.ctp, line 35]

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ABOUT

Cognitive-behavioral therapy and medication for body dysmorphic disorder, obsessive-compulsive disorder, and Tourette's disorder. See my web listing on the ADAA Practitioners page.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

POPULATIONS TREATED

Adults

DISORDERS AND SPECIALITIES

Body Dysmorphic Disorder

Obsessive Compulsive Disorder (OCD)

Tourette's Syndrome

PAYMENT OPTIONS



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

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