



## Renae Reinardy

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Zip Code: 58103

Zip Postal: 58103

Language: English

**Populations Treated:** Children, Adolescents/Teens, Adults, Seniors, Couples, Families, LGBTQI

**Organization:** Lakeside Center for Behavioral Change

**Treatment Options:** Home Visits, Phone Consultations

**Disorders Treated & Specialty:** Trichotillomania, Tourette's Syndrome, Depression, Agoraphobia, Anxiety, Autism Spectrum Disorder, Body Dysmorphic Disorder, Body Focused Repetitive Behaviors, Eating Disorders, Generalized Anxiety Disorder (GAD), Hoarding, Misophonia, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Selective Mutism Disorder, School Refusal, Separation Anxiety, Social Anxiety Disorder, Specific Phobias

**Treatment Methods:** Intensive Exposure Therapy Protocols, Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Exposure Therapy, Mindfulness

**Payment Options:** Accepts Credit Cards

**Address1:** 1450 25th Street South

**Website:** <http://www.lakesidecenter.org>

**City:** Fargo

**State/Providence:** North Dakota

**Country:** United States

**Degree:** PSYD

**Preferred Pronouns:** she/her/hers

**Email:** [drreinardy@lakesidecenter.org](mailto:drreinardy@lakesidecenter.org)

**Office Phone:** 701-356-1047

**Telehealth:** North Dakota

**Cell Phone:** 9528579205

**Professional focus:** Psychologist

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### ABOUT

Renae M. Reinardy, PsyD is a Licensed Psychologist and Director of the Lakeside Center for Behavioral Change. Dr. Reinardy specializes in the evidence-based treatment of Obsessive-Compulsive Disorder, Phobias, Hoarding Disorder, Body-Focused Repetitive Behaviors, Tic Disorders, and related conditions. Dr. Reinardy serves on the BTTI Faculty for the International OCD Foundation.

### TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Dialectical Behavioral Therapy (DBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

Mindfulness

### POPULATIONS TREATED

Adolescents/Teens  
Adults  
Children  
Couples  
Families  
LGBTQI  
Seniors

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#### DISORDERS AND SPECIALITIES

Agoraphobia  
Anxiety  
Autism Spectrum Disorder  
Body Dysmorphic Disorder  
Body Focused Repetitive Behaviors  
Depression  
Eating Disorders  
Generalized Anxiety Disorder (GAD)  
Hoarding  
Misophonia  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
School Refusal  
Selective Mutism Disorder  
Separation Anxiety  
Social Anxiety Disorder  
Specific Phobias  
Tourette's Syndrome  
Trichotillomania

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#### PAYMENT OPTIONS

Accepts Credit Cards



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

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*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

