



Randy Gibson

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Zip Code: 75244

Zip Postal: 75244-5844

Language: English

Populations Treated: Couples, Families, LGBTQI, Seniors, Children, Adolescents/Teens, Adults

Organization: Randy Gibson, LPC

Treatment Options: In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Generalized Anxiety Disorder (GAD), Agoraphobia, Anxiety, Attention-Deficit/Hyperactivity Disorder, Bipolar Disorder, Depression, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD), School Refusal, Separation Anxiety, Social Anxiety Disorder, Specific Phobias, Trauma, Other

Treatment Methods: Cognitive Behavioral Therapy (CBT), Exposure Therapy, Medication Referral, Mindfulness, Other

Payment Options: Accepts Medicaid, Accepts Some Insurance, Accepts Credit Cards, Accepts Cash and/or Checks, Accepts Venmo/App-based Payment, Sliding Scale

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Website: <http://www.randygibson.com>

City: Dallas

State/Providence: Texas

Country: United States

Degree: MS

Email: feelings@randygibson.com

Office Phone: 214-929-4670

Telehealth: Texas

Cell Phone: 214-929-4670

Professional focus: Counselor

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ABOUT

I have successfully treated anxiety and phobias for over 25 years. As you and I work together, you will gain an understanding of your fears, learn to express them appropriately and grow into a better life.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Medication Referral

Mindfulness

Other

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

Couples
Families
LGBTQI
Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Attention-Deficit/Hyperactivity Disorder
Bipolar Disorder
Depression
Generalized Anxiety Disorder (GAD)
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
School Refusal
Separation Anxiety
Social Anxiety Disorder
Specific Phobias
Trauma
Other

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards
Accepts Medicaid
Accepts Some Insurance
Accepts Venmo/App-based Payment
Sliding Scale



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

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