



## Olusola Ajilore

**Notice (8):** Undefined index: job\_title [APP/View/OrganizationPdfStyles/default.ctp, line 52]

**Notice (8):** Undefined index: location [APP/View/OrganizationPdfStyles/default.ctp, line 63]

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**Notice (8):** Undefined index: tags [APP/View/Elements/custom\_fields.ctp, line 35]

**Notice (8):** Undefined index: last\_updated [APP/View/Elements/custom\_fields.ctp, line 51]

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### TREATMENT APPROACH

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### POPULATIONS TREATED

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### DISORDERS AND SPECIALITIES

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### PAYMENT OPTIONS



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

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*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

