



O. Joseph Bienvenu

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Zip Code: 21287

Zip Postal: 21287-0005

Organization: Johns Hopkins Hospital

Disorders Treated & Specialty: Specific Phobias, Posttraumatic Stress Disorder (PTSD), Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Anxiety, Agoraphobia

Treatment Methods: Cognitive Behavioral Therapy (CBT)

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ABOUT

Comprehensive treatment center for generalized anxiety; specific, social, and agoraphobia; panic; OCD; PTSD; etc. Main modalities include cognitive-behavioral and medication treatments.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

POPULATIONS TREATED

DISORDERS AND SPECIALITIES

Agoraphobia

Anxiety

Obsessive Compulsive Disorder (OCD)

Panic Attacks/Panic Disorder

Posttraumatic Stress Disorder (PTSD)

Specific Phobias

PAYMENT OPTIONS



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

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