



# **Nancy DeMuth**

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Zip Code: 17011 Zip Postal: 17011-1708 Language: English

Populations Treated: Adults Organization: Private Practice

Disorders Treated & Specialty: Trichotillomania, Trauma, Specific Phobias, Posttraumatic Stress Disorder (PTSD), Panic Attacks/Panic Disorder, Properties and Properti

 $Obsessive\ Compulsive\ Disorder\ (OCD), Eating\ Disorders, Depression, Attention-Deficit/Hyperactivity\ Disorder, Anxiety$ 

 $Treatment\ Methods: \ Mindfulness, Exposure\ Therapy, Cognitive\ Behavioral\ Therapy\ (CBT), Acceptance\ and\ Commitment\ Therapy\ (ACT)$ 

Payment Options: Accepts Some Insurance

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#### ABOUT

Specializing in Adults -- Depression, Anxiety, Panic, OCD, Social Anxiety, Mid-Life, Coping with Chronic Disease, ADHD, Grief, Preparing for Surgery, Career/Executive Coaching, Lifestyle Changes, Wellness

# TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)
Cognitive Behavioral Therapy (CBT)
Exposure Therapy
Mindfulness

## POPULATIONS TREATED

Adults

### **DISORDERS AND SPECIALITIES**

Anxiety Attention-Deficit/Hyperactivity Disorder Depression Eating Disorders
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
Specific Phobias
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Some Insurance





# ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

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 $For the ADAA\ mental\ health\ professionals, this\ directory\ also\ helps\ you\ connect\ with\ millions\ of\ potential\ patients.$ 

To join the directory, contactmembership@adaa.org.

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If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

## **ADAA** Website

https://adaa.org/

## Mental Health Webinars

https://adaa.org/resources-news/from-adaa-experts/webinars

### Mental Health Personal Stories

https://adaa.org/educational-resources/from-our-community/stories-of-triumph

## ADAA Newsletter Sign Up

 $https://adaa.informz.net/adaa/pages/Triumph\_Subscribe\_page$ 

Get Involved with ADAA

https://adaa.org/get-involved

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