



## Liviu Bunaciu

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Zip Code: 50266

Zip Postal: 50266-7717

Language: English

Populations Treated: Adults

Organization: Anxiety & OCD Treatment Services

Treatment Options: Telehealth

**Disorders Treated & Specialty:** Tourette's Syndrome, Trauma, Trichotillomania, Specific Phobias, Anxiety, Agoraphobia, Body Dysmorphic Disorder, Body Focused Repetitive Behaviors, Depression, Generalized Anxiety Disorder (GAD), Hoarding, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD), Social Anxiety Disorder

**Treatment Methods:** Cognitive Behavioral Therapy (CBT), Exposure Therapy, Intensive Exposure Therapy Protocols

**Payment Options:** Accepts Credit Cards

**Address1:** 6750 Westown Pkwy

**Address2:** Ste 200

**Website:** <https://www.anxietytreatmentonline.com/>

**City:** West Des Moines

**State/Province:** Iowa

**Country:** United States

**Home Email:** liviubunaciu@gmail.com

**Degree:** PhD

**Preferred Pronouns:** he/him/his

**Email:** liviubunaciu@gmail.com

**Office Phone:** 515-216-0679

**Telehealth:** Iowa, Washington

**Cell Phone:** 4144293291

**Professional focus:** Psychologist

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### ABOUT

Dr. Bunaciu specializes in providing exposure-based interventions for individuals (located in the states of Washington and Iowa) suffering from a variety of anxiety disorders including panic disorder, agoraphobia, OCD, social anxiety disorder, specific phobias, posttraumatic stress disorder (PTSD), generalized anxiety disorder, body dysmorphic disorder, and health anxiety. In addition to his primary focus on anxiety disorders, Dr. Bunaciu also has interests in and experience with treatments for depression, sleep disorders, tics, and body-focused repetitive behaviors (BFRBs).

### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

### POPULATIONS TREATED

Adults

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## DISORDERS AND SPECIALITIES

Agoraphobia  
Anxiety  
Body Dysmorphic Disorder  
Body Focused Repetitive Behaviors  
Depression  
Generalized Anxiety Disorder (GAD)  
Hoarding  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Posttraumatic Stress Disorder (PTSD)  
Social Anxiety Disorder  
Specific Phobias  
Tourette's Syndrome  
Trauma  
Trichotillomania

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## PAYMENT OPTIONS

Accepts Credit Cards



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

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*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

