



Laura Nisenon

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Zip Code: 48104

Zip Postal: 48104-2128

Language: English

Populations Treated: Adults

Treatment Options: Telehealth, In Office

Disorders Treated & Specialty: Specific Phobias, Social Anxiety Disorder, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Depression, Anxiety, Agoraphobia

Treatment Methods: Cognitive Behavioral Therapy (CBT), Mindfulness, Exposure Therapy

Payment Options: Accepts Venmo/App-based Payment, Accepts Cash and/or Checks, Accepts Credit Cards

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City: Ann Arbor

State/Province: Michigan

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Telehealth: Michigan

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Professional focus: Psychologist

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TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Mindfulness

POPULATIONS TREATED

Adults

DISORDERS AND SPECIALITIES

Agoraphobia

Anxiety

Depression

Generalized Anxiety Disorder (GAD)

Obsessive Compulsive Disorder (OCD)

Panic Attacks/Panic Disorder

Social Anxiety Disorder

Specific Phobias

PAYMENT OPTIONS

Accepts Cash and/or Checks

Accepts Credit Cards

Accepts Venmo/App-based Payment



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

