



## JoAnn Difede

**Notice (8):** Undefined index: job\_title [APP/View/OrganizationPdfStyles/default.ctp, line 52]

**Notice (8):** Undefined index: location [APP/View/OrganizationPdfStyles/default.ctp, line 63]

Zip Code: 10021

Zip Postal: 10021

Language: English

Populations Treated: Adults

Organization: Weill Cornell Medical College

Treatment Options: Telehealth, In Office

Disorders Treated & Specialty: Posttraumatic Stress Disorder (PTSD)

Treatment Methods: Interpersonal Therapy (IPT), Exposure Therapy

Payment Options: Accepts Credit Cards

Address1: 1300 York Avenue, Box 200

Website: <http://PATSS.com>

City: New York

State/Province: New York

Country: United States

Degree: PhD

Email: [jdifede@med.cornell.edu](mailto:jdifede@med.cornell.edu)

Office Phone: (212) 746-3079

Telehealth: New York

Professional focus: Psychologist, Researcher

**Notice (8):** Undefined index: tags [APP/View/Elements/custom\_fields.ctp, line 35]

**Notice (8):** Undefined index: last\_updated [APP/View/Elements/custom\_fields.ctp, line 51]

### ABOUT

Dr. Difede is Director of the Program for Anxiety and Traumatic Stress Studies and an Associate Professor in the Department of Psychiatry at Weill Cornell Medical College. She is an internationally recognized expert in the treatment of Posttraumatic Stress Disorder (PTSD) and a pioneer in the application of virtual reality technology to the treatment of PTSD.

### TREATMENT APPROACH

Exposure Therapy

Interpersonal Therapy (IPT)

### POPULATIONS TREATED

Adults

### DISORDERS AND SPECIALITIES

Posttraumatic Stress Disorder (PTSD)

### PAYMENT OPTIONS

Accepts Credit Cards



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

-----

*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

-----

**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

---

#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

