



Jessica Samson

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Zip Code: 20815

Zip Postal: 20815

Language: English

Populations Treated: Adults, Adolescents/Teens, Children

Organization: Jessica Samson PsyD and Associates, LLC

Treatment Options: In Office, Telehealth

Disorders Treated & Specialty: Anxiety, Attention-Deficit/Hyperactivity Disorder, Generalized Anxiety Disorder (GAD), Obsessive Compulsive Disorder (OCD), Social Anxiety Disorder, Specific Phobias, Tourette's Syndrome, Trichotillomania

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Exposure Therapy

Payment Options: Accepts Credit Cards, Accepts Cash and/or Checks

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State/Province: Maryland

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Degree: PSYD

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Office Phone: 240-780-8247

Telehealth: District of Columbia, Maryland

Cell Phone: 410-456-6471

Professional focus: Psychologist

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TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

DISORDERS AND SPECIALITIES

Anxiety

Attention-Deficit/Hyperactivity Disorder

Generalized Anxiety Disorder (GAD)

Obsessive Compulsive Disorder (OCD)

Social Anxiety Disorder

Specific Phobias
Tourette's Syndrome
Trichotillomania

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

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