



Jeffrey Cohen

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Zip Code: 10019

Zip Postal: 10019

Language: English

Populations Treated: Adolescents/Teens, Adults, Couples, LGBTQI

Organization: Columbia University Irving Medical Center

Treatment Options: In Office, Telehealth

Disorders Treated & Specialty: Trauma, Stress, Gender Identity, Agoraphobia, Anxiety, Generalized Anxiety Disorder (GAD), Intrusive Thoughts, LGBTQ+, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Phobias, Posttraumatic Stress Disorder (PTSD), School Refusal, Separation Anxiety, Social Anxiety Disorder

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Exposure Therapy, Mindfulness

Payment Options: Accepts Credit Cards

Address1: 5 Columbus Circle

Address2: Floor 6

Website: <https://www.columbiapsychiatry.org/profile/jeffrey-m-cohen-psyd>

City: New York

State/Providence: New York

Country: United States

Degree: PSYD

Preferred Pronouns: he/him/his

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Office Phone: 2123056001

Telehealth: California, New York

Cell Phone: 917-402-8477

Professional focus: Psychologist

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ABOUT

Dr. Jeff Cohen (he/him) is a clinical psychologist who provides cognitive behavior therapy to adolescents, adults, and couples at Columbia University Irving Medical Center. Dr. Cohen offers psychotherapy in both the Manhattan (Columbus Circle) and Westchester locations of ColumbiaDoctors. Dr. Cohen treats anxiety, OCD, and emotional disorders. He also enjoys working with LGBTQ+ people, and provides gender affirming care. Dr. Cohen's approach is collaborative, solution oriented, and tailored to meet treatment goals. For more information about Dr. Cohen's practice or to schedule an appointment, please call 212-305-6001.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Dialectical Behavioral Therapy (DBT)

Exposure Therapy

Mindfulness

POPULATIONS TREATED

Adolescents/Teens
Adults
Couples
LGBTQI

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Gender Identity
Generalized Anxiety Disorder (GAD)
Intrusive Thoughts
LGBTQ+
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Posttraumatic Stress Disorder (PTSD)
School Refusal
Separation Anxiety
Social Anxiety Disorder
Stress
Trauma

PAYMENT OPTIONS

Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

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