



## David Yusko

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Zip Code: 19010

Zip Postal: 19010-3859

Language: English

Populations Treated: Adults, Adolescents/Teens

Organization: Center for Anxiety & Behavior Therapy

Treatment Options: Home Visits

Disorders Treated & Specialty: Depression, Agoraphobia, Anxiety, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD), Specific Phobias, Substance Abuse, Trauma

Treatment Methods: Cognitive Behavioral Therapy (CBT), Exposure Therapy, Intensive Exposure Therapy Protocols

Payment Options: Accepts Credit Cards, Sliding Scale

Address1: 940 E Haverford Rd

Address2: Ste 301

Website: <http://www.centerabt.com>

City: Bryn Mawr

State/Providence: Pennsylvania

Country: United States

Degree: PSYD

Preferred Pronouns: he/him/his

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Telehealth: Pennsylvania

Cell Phone: 6106082586

Professional focus: Psychologist

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### ABOUT

I am a clinical psychologist with extensive training and experience in evidence based practices for the range of anxiety disorders. I am particularly focused in treatments for OCD and trauma. I am dedicated to bringing the most effective psychotherapy available for anxiety disorders out of the university and to the community.

### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

### POPULATIONS TREATED

Adolescents/Teens

Adults

### DISORDERS AND SPECIALITIES

Agoraphobia  
Anxiety  
Depression  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Posttraumatic Stress Disorder (PTSD)  
Specific Phobias  
Substance Abuse  
Trauma

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#### PAYMENT OPTIONS

Accepts Credit Cards  
Sliding Scale



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

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*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

<https://adaa.org/get-involved>

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