



## Danielle Stier

**Notice (8):** Undefined index: job\_title [APP/View/OrganizationPdfStyles/default.ctp, line 52]

**Notice (8):** Undefined index: location [APP/View/OrganizationPdfStyles/default.ctp, line 63]

Zip Code: 33312

Zip Postal: 33312-6564

Language: English

Populations Treated: Children, Adolescents/Teens, Adults

Organization: Danielle Stier, Ph.D.

Treatment Options: In Office, Telehealth

Disorders Treated & Specialty: Trichotillomania, Anxiety, Agoraphobia, Generalized Anxiety Disorder (GAD), Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Selective Mutism Disorder, Separation Anxiety, Social Anxiety Disorder, Specific Phobias

Treatment Methods: Cognitive Behavioral Therapy (CBT), Exposure Therapy, Intensive Exposure Therapy Protocols

Payment Options: Accepts Credit Cards

Address1: 2699 Stirling Rd

Address2: Ste C403D

City: Fort Lauderdale

State/Providence: Florida

Country: United States

Home Email: stierfamily@bellsouth.net

Degree: PhD

Email: danielle@stierpsychology.com

Office Phone: 610-3078

Telehealth: Florida, New York

Professional focus: Psychologist

**Notice (8):** Undefined index: tags [APP/View/Elements/custom\_fields.ctp, line 35]

**Notice (8):** Undefined index: last\_updated [APP/View/Elements/custom\_fields.ctp, line 51]

### ABOUT

Dr. Stier specializes in cognitive behavioral treatment of anxiety disorders and Obsessive Compulsive Disorder (OCD) in children, adolescents, and adults. In addition to her work in private practice and pediatric hospital settings, Dr. Stier has worked in South Florida's private and public schools. She is a member of the American Psychological Association, the Anxiety and Depression Association of America, and the International OCD Foundation.

### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

### POPULATIONS TREATED

Adolescents/Teens

Adults

Children

### DISORDERS AND SPECIALITIES

Agoraphobia  
Anxiety  
Generalized Anxiety Disorder (GAD)  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Selective Mutism Disorder  
Separation Anxiety  
Social Anxiety Disorder  
Specific Phobias  
Trichotillomania

---

#### PAYMENT OPTIONS

Accepts Credit Cards



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

-----

*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

-----

**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

---

#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

<https://adaa.org/get-involved>

© 2026 ANXIETY & DEPRESSION ASSOCIATION. ALL RIGHTS RESERVED