



Charles Mansueto

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Zip Code: 20901

Zip Postal: 20901-4554

Language: English

Populations Treated: Children, Adolescents/Teens, Adults, Seniors, Families, LGBTQI

Organization: Behavior Therapy Center of Greater Washington

Treatment Options: Home Visits, In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Other, Trichotillomania, Attention-Deficit/Hyperactivity Disorder, Agoraphobia, Anxiety, Autism Spectrum Disorder, Bipolar Disorder, Body Dysmorphic Disorder, Depression, Generalized Anxiety Disorder (GAD), Hoarding, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Selective Mutism Disorder, Social Anxiety Disorder, Specific Phobias, Tourette's Syndrome

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Exposure Therapy, Medication Referral, Mindfulness

Payment Options: Accepts Credit Cards, Accepts Cash and/or Checks

Address1: Behavior Therapy Center of Greater Washington

Address2: 11227 Lockwood Dr

Website: <http://www.behaviortherapycenter.com>

City: Silver Spring

State/Province: Maryland

Country: United States

Home Email: csm6@earthlink.net

Degree: PhD

Preferred Pronouns: he/him/his

Email: cmansueto@behaviortherapycenter.com

Office Phone: (301) 593-4040

Telehealth: Maryland

Cell Phone: 301-395-1794

Professional focus: Psychologist

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ABOUT

Group provides CBT for OCD, anxiety disorders, trichotillomania and other OC spectrum disorders, depression, and behavior problems. Includes: individual, family, in-vivo, intensive and group therapy, testing and consultation. Options for in-office and Telehealth services

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Dialectical Behavioral Therapy (DBT)

Exposure Therapy

Medication Referral

Mindfulness

POPULATIONS TREATED

Adolescents/Teens
Adults
Children
Families
LGBTQI
Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Bipolar Disorder
Body Dysmorphic Disorder
Depression
Generalized Anxiety Disorder (GAD)
Hoarding
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Selective Mutism Disorder
Social Anxiety Disorder
Specific Phobias
Tourette's Syndrome
Trichotillomania
Other

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

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