



## Autumn Collier

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Zip Code: 30345

Zip Postal: 30345-2844

Populations Treated: Couples, Adults

Organization: Collier Counseling LLC

Disorders Treated & Specialty: Social Anxiety Disorder, Panic Attacks/Panic Disorder, Generalized Anxiety Disorder (GAD), Depression, Anxiety, Agoraphobia

Treatment Methods: Mindfulness, Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy (CBT)

Payment Options: Accepts Some Insurance, Accepts Credit Cards

Address1: 2295 Parklake Dr NE

Address2: Suite 577

Website: <https://www.colliercounselingllc.com>

City: Atlanta

State/Providence: Georgia

Country: United States

Degree: MSW

Preferred Pronouns: she/her/hers

Email: [autumn@colliercounselingllc.com](mailto:autumn@colliercounselingllc.com)

Office Phone: 404-618-1040

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### ABOUT

At Collier Counseling, LLC, I provide psychotherapy services to adult women experiencing anxiety and depression. I also provide couples counseling to couples.

### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Dialectical Behavioral Therapy (DBT)

Mindfulness

### POPULATIONS TREATED

Adults

Couples

### DISORDERS AND SPECIALITIES

Agoraphobia

Anxiety

Depression

Generalized Anxiety Disorder (GAD)

Panic Attacks/Panic Disorder

Social Anxiety Disorder

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PAYMENT OPTIONS

Accepts Credit Cards

Accepts Some Insurance



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

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*For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.*

*To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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**If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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#### HELPFUL LINKS

##### **ADAA Website**

<https://adaa.org/>

##### **Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

##### **Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

##### **ADAA Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

##### **Get Involved with ADAA**

<https://adaa.org/get-involved>

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