



Angela Coreil

Notice (8): Undefined index: job_title [APP/View/OrganizationPdfStyles/default.ctp, line 52]

Notice (8): Undefined index: location [APP/View/OrganizationPdfStyles/default.ctp, line 63]

Zip Code: 75013

Zip Postal: 75013-3088

Populations Treated: Children, Adolescents/Teens, Adults, Seniors, LGBTQI

Organization: Better Living Center for Behavioral Health

Treatment Options: Teletherapy, Phone Consultations, Home Visits

Disorders Treated & Specialty: Trichotillomania, Trauma, Eating Disorders, Agoraphobia, Anxiety, Attention-Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Body Dysmorphic Disorder, Body Focused Repetitive Behaviors, Depression, Generalized Anxiety Disorder (GAD), Misophonia, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD), Selective Mutism Disorder, School Refusal, Separation Anxiety, Social Anxiety Disorder, Specific Phobias, Tourette's Syndrome

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Exposure Therapy, Intensive Exposure Therapy Protocols, Interpersonal Therapy (IPT), Mindfulness

Payment Options: Accepts Credit Cards, Accepts Some Insurance

Address1: 1333 W McDermott Dr

Address2: Ste 150

Website: <http://www.betterlivingbh.org>

City: Allen

State/Providence: Texas

Country: United States

Degree: PhD

Preferred Pronouns: she/her/hers

Email: drcoreil@betterlivingbh.org

Office Phone: 972-332-8733

Cell Phone: 3165736039

Notice (8): Undefined index: tags [APP/View/Elements/custom_fields.ctp, line 35]

Notice (8): Undefined index: last_updated [APP/View/Elements/custom_fields.ctp, line 51]

ABOUT

Our facility specializes in intensive treatment of anxiety, OCD, and related disorders (PTSD; Tics, Tourettes, etc). We provide evidence-based behavioral interventions for these issues including: Acceptance and Commitment Therapy, Prolonged Exposure, Exposure and Response Prevention. The practice is guided by an underlying Clinical Behavior Analytic perspective and includes a team composed of psychologists, behavior analysts, and professional counselors. Change your life. We are here to make a difference in your life. We offer the best behavioral healthcare available. It's our mission to create a change in your life. We are a 14-room facility dedicated to providing quality behavioral healthcare to the Dallas-Fort Worth region and beyond. Our unique focus on producing measurable changes in your life means that we can focus on a higher quality of care and maintain a smaller more personable facility. We provide treatment modalities that appreciate the whole context of your life. What has traditionally been referred to as 'mental illness' is now understood to be better treated as behavior in the context of lives. You have our personal commitment as clinicians to help you along your path to change. We are here for you.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

Interpersonal Therapy (IPT)

Mindfulness

POPULATIONS TREATED

Adolescents/Teens
Adults
Children
LGBTQI
Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Depression
Eating Disorders
Generalized Anxiety Disorder (GAD)
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
School Refusal
Selective Mutism Disorder
Separation Anxiety
Social Anxiety Disorder
Specific Phobias
Tourette's Syndrome
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Credit Cards
Accepts Some Insurance



ABOUT ANXIETY & DEPRESSION ASSOCIATION

The Anxiety and Depression Association of America (ADAA) developed this **Find Your Therapist Directory** for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

ADAA is a nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and education.

For the ADAA mental health professionals, this directory also helps you connect with millions of potential patients.

To join the directory, contact membership@adaa.org.

If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Get Involved with ADAA

<https://adaa.org/get-involved>

© 2026 ANXIETY & DEPRESSION ASSOCIATION. ALL RIGHTS RESERVED